MY CHURCH. MY HOUSE.

EPISODE GUIDE

EPISODE 25:

The WRONG People Will Cost You Your Purpose (Time to Detox)

Every one of us is in process, carrying things in our soul that need attention. Not a body detox. A soul detox. And one of the most underestimated threats to your purpose is the wrong relationship.

In this episode, Apostle Raley gets honest about toxic relationships, how they control through flattery and diminishment, and how to recognize the mask before it falls. Here is the truth: never give anyone the power to determine your worth. The detox starts today.

IT BEGINS WITH A SOUL DETOX

Psalm 139:23

"Search me, God, and know my heart."

Every one of us is in process, carrying things in the soul, the mind, the will, the emotions, that need attention. The soul is the battleground of your life, and it is where God does some of His most important work in you.

A detox starts by inviting God to search you honestly. Before you examine anyone else, let Him show you what needs to be cleaned out.

TOXIC PEOPLE CONTROL THROUGH MANIPULATION

Psalm 12:2

"They flatter with their lips but harbor deception."

The agenda of a toxic person is control, and they rarely announce it. They achieve it through manipulation, shrewd influence exerted for their own advantage.

Their most surprising weapon is not cruelty. It is flattery, spoken from a double heart by someone who does not believe what they are saying.

A COMPLIMENT LIFTS YOU, FLATTERY TRAPS YOU

Proverbs 29:5

"Whoever flatters his neighbor spreads a net for his feet."

A compliment lifts you up. Flattery puffs you up. When someone compliments you, it is for you. When they flatter you, it is for them.

The same lips that flatter you today can wound you tomorrow. Pay attention to how you feel after a conversation: built up, or set up.

NEVER SURRENDER YOUR WORTH

Psalm 139:14

"I am fearfully and wonderfully made."

Toxic people keep you small through diminishment: you are not smart enough, strong enough, good enough. They have a blank they use on everyone.

You never make yourself bigger by making someone else smaller. Heaven already settled your value, so never give anyone the power to decide what you are worth.

TRUST THE CHECK

John 16:13

"The Spirit of truth will guide you into all truth."

What you need is not just analysis or a checklist. It is discernment from heaven, a sensitivity in your spirit that recognizes something before your mind can explain it.

When you feel a check in your spirit, do not override it. The Holy Spirit is the best protector you have, and He often warns you long before the mask comes off.

ENCOURAGE YOURSELF IN THE LORD

1 Samuel 30:6

"But David found strength in the Lord his God."

Love and respect are meant to be returned, but some people have no intention of giving back what you pour in. Victory comes when you stop expecting from people what they will not give.

Like David, encourage yourself in the Lord. God is for you whether anyone else is or not, so give yourself the encouragement a toxic relationship has been withholding.

THIS WEEK'S MOMENT

This week's Moment is a Purpose challenge. Protect what God has called you to by getting honest about the relationships around you.

Ask:

- What relationship have I been carrying but never fully named?
- After time with this person, do I feel built up or torn down?
- Where have I been letting someone else decide my worth?

Then:

- Name honestly before God what is actually happening
- Learn the difference between a compliment and flattery
- Refuse to let anyone fill in the blank of not enough
- Declare over yourself what God says about your worth
- Trust the check the Holy Spirit gives you
- Encourage yourself in the Lord instead of waiting on them

Pray:

"Father, I bring the relationships in my life to You. Give me discernment from heaven to see clearly, and courage to trust the check of Your Spirit. Remind me that You settled my worth, and that You are for me. Begin the detox in my soul today. In Jesus' name, Amen."

Remember:

- No one determines my worth but God.
- I am fearfully and wonderfully made.
- A compliment is for me; flattery is for them.
- I will trust the check the Holy Spirit gives me.
- I encourage myself in the Lord, because God is for me.
- As for me and my house, we will serve the Lord.